

Message from our Interim-President; Dr. Carolyn Stark

Although the sunny and warm days are still with us, we are beginning to transition into Fall. I think we can all look back and appreciate the summer we had, mainly free of the threat of forest fires and smoke. Hopefully many of you had the chance to rest and recharge, and perhaps travel to see friends and family that had been missed throughout the pandemic.

Although the pandemic may be waning, we are unfortunately still in the middle of a health-care crisis with staff shortages and overwhelmed hospital

departments that have persisted through out the summer.

As a Board, we recognize the toll this is taking on medical staff, and we are doing our best to acknowledge this and target projects to boost morale. On this note, the Physician lounge will continue to offer food and drink, with plans for an espresso machine and meals once our fridge arrives.

We had a great in-person Medical Staff quarterly meeting at Redstone Resort on September 12 and are looking forward to our Medical Staff Party/AGM event at the Steam Shovel on September 23rd. I'm sure many of us feel the personal connection was missing amongst colleagues throughout the pandemic, and we hope to transition to more face-to- face engagement.

Another important event to put on your calendar will be on October 3rd at the Josie Hotel. Doctors of BC President Dr. Dosanjh will be speaking to us about Equity, Diversity and Inclusion (EDI), including a panel interview with local Physicians. We are always open to feedback and how we can enhance one's work experience at KBRH and I direct you to the idea board in the Physician lounge as one avenue to express this.



Finally, we are hoping to draw interest in the KBPA Board with the goal to expand representation of the medical staff on the board to reflect the diversity we have on our medical staff. This is an incredibly rewarding group to be a part of. Please express interest to myself or James Brotherhood, Managing Director of the KBPA at jbrotherhood@kbpa.ca.

Looking forward to seeing many of you in the coming weeks.

Dr. Carolyn Stark, *Interim-President KBPA/MSA*



Dr. Carolyn Stark
Interim President



Dr. Ian Sibbald
Vice President



Dr. Sue Babensee
Board Member



Dr. Anne-Marie Baribeau
Board Member

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Up and Coming Events

You and your partner
are invited to the



PRIVATE PARTY
@ Flying Steamshovel

ANNUAL GENERAL MEETING ~~2022~~

23rd September, 2022 | 7-7.30pm KBPA AGM | 7.30-10pm Private Party | Tapas & Drinks

RSVP: by 21st Sept [here](#)



Dr. Dosanjh, President of
Doctors of
BC

**IN-HOUSE RSVP
HERE >**

**REMOTE
ZOOM RSVP
HERE >**

RSVP: 23rd September
2022

DINE & LEARN

An evening with President of Doctors of BC, Dr.
Ramneek Dosanjh on: Equity, Diversity & Inclusion

Date: Monday 3rd October, 2022 Time: 6:00-

8:00pm

Venue: The Josie Hotel Rossland

Join us for an engaging evening with Dr.
Ramneek Dosanjh where she will present on what
equity, diversity, and inclusion look like; what
Doctors of BC is doing to improve EDI within our
association; and what are the
actions that can be taken.

Dr. Dosanjh will then join a panel of local physician
leaders to discuss specific ideas and questions
that emerge from
the audience.

Sponsored by CME, KBPA and KB Regional CPD
Program

NEW PHYSICIAN'S LOUNGE OPENING
is postponed awaiting new appliances.

NEXT MSA MEETING 5TH DECEMBER, 2022

Event ideas that have been submitted thus
far:

GET INVOLVED
KBPA
KOOTENAY BOUNDARY PHYSICIANS ASSOCIATION

Winter is coming up, we would love
to hear your ideas :)
email: kpegg@kbpa.ca

- Burger & a Beverage @RED
- Sledding Kids Party
- Family Hot Chocolate
- Chimo Cabin Hike
- Family Pizza @ Black Jack
- Jazz Music + Dancing (+1)

Project Spotlights

ICU /GIM/HOSPITALIST COLLABORATIVE DINNER

Date: 8th June, 2022

Venue: Gabriellas, Rossland

Lead Physician: Dr. John Peachell

Facilitator: James Brotherhood

A group of Hospitalist, ICU and IM physicians came together to discuss; How can we improve patient flow and continuity of care for the patient discharged from the ICU to the ward?

Lead by Dr. John Peachell, facilitated by James Brotherhood. Physicians from each of the 3 departments broke into 3 tables to discuss 2 cases. One complex due to the patient's health, and the other complex due to the system challenges. Several breakthroughs were identified and agreement on process was reached, mostly through furthering the understanding of each departments work flow, and how to best communicate between departments.

Thank you to KBPA and CME for supporting this event.

LOWER COLUMBIA GP NIGHT

Date: 19th May, 2022

Venue: Redstone Resort - Golf Club

Lead Physicians: Dr. Stefanie Houde, Dr. Mike Scully

Facilitator: James Brotherhood

KBRH Attendees: Family Physicians: 11,
Resident Physicians: 2, Nurse Practitioners: 2,
Hospitalists: 12, Emergency Physicians: 4, Chief
of Staff: 1

Primary care has been in crisis for decades, and it has now reached our community. We want to construct solid links between all the primary care providers in our community. The dinner meeting was held at Redstone Resort - Golf Club together with Lower Columbia Family Physicians: 11, Resident Physicians: 2, Nurse Practitioners: 2, Hospitalists: 12, Emergency Physicians: 4, Chief of Staff: 1

The evening was a combination of team building between all PCPs, scoping the interest of ongoing similar meetings, ideas of solutions for primary care, sharing with decision makers some of our key values and challenges in our region.



Dr. Houde and Dr. Scully

Funded by KBPA, Div of FP, CME.

KB REGIONAL ONCOLOGY LAUNCH

Date: 21/22nd June, 2022

Venue: Gabriellas, Rossland

Lead Physicians: Dr. Nattana Dixon-Warren and
Dr. Kate Forman

After approx 40 years Dr. Len Scotland has retired
and the KB region had to come up with a new way
to deliver patient care for Oncology in the
Kootenay Boundary. (We will have some parting
words from Dr. Scotland in the next newsletter)



On the 21/22nd June, 2022, Drs. Halperin and Ellard from BCC's Kelowna toured and met the COS + GPO's + Medical Staff from the 3 boundary hospitals; Boundary Hospital Grand Forks, Kootenay Lake Hospital Nelson and Kootenay Boundary Regional Hospital Trail to build partnerships and to disseminate information between BC Cancer, Hematology, Kelowna, KB GPO's, local KB Physicians and Family Physicians about the new KB Oncology process.

On the evening of the 21st June, Dr. Ross Halperin delivered a presentation called Radiology Oncology Emergencies and Dr. Sue Ellard delivered her presentation; Harnessing Immunotherapy for Cancer to 35 KBRH & KLH physicians plus Dr. Harsh Hundel (IH Executive Medical Director) and Dr. Mike Ertel (VP of Medicine & Quality) at Gabriellas in Rossland. Regional physicians also attended the event via zoom.

Funded by REAP funding, Divisions, KBPA and CME.

Click on the "The Rock in My Shoe" button, to share your thoughts on the small (or big) things that we (KBPA) can do to help make KBRH a great place to work. All comments will be read and discussed by the MSA board.

Example:

I love all the food in the lounge, but it would be great if we could have further options regarding food waste and recycling?

What food snacks and drinks should we stock in the Physician's Lounge?

THE ROCK IN MY SHOE

New Physicians - welcome to KBRH

Welcome to the Kootenays; Dr. Priya Jindal - Nephrology, Dr. Sydney White - Hospitalist and Dr. Julia Hassler - ED who have started or are starting at KBRH in September, 2022.



Dr. Chaye Hertzelt - Hospitalist

Where did you grow up? I grew up in New York City. **Medical School and Residency?** I went to medical school in Dominican Republic and did my residency at Oceanside New York.

What is your favorite thing to do in the Kootenays? I love outdoor activities, but my favorite thing about the Kootenays so far is the people.

Little known fact? I love fantasy movies and TV, can't wait for Wheel of Time season two!



Dr. Cindy Ge - FP Beaver Valley Clinic

Where did you grow up? I was born in Shanghai, China, lived in South Africa for two years, then moved to Ottawa when I was 12.

Medical School and Residency? I did my medical school training at Michigan State University (go Spartans!) and spent my clerkship years in Detroit. My residency was done right here in the

Kootenays, and the amazing friends I've met here and the welcoming medical community were the main reasons that convinced my husband and I to stick around!

What is your favorite thing to do in the Kootenays?

Hiking with my dogs off-leash. We lived in downtown Toronto previously and they are just so much happier here on the seemingly infinite number of trails available for exploration.

Little known fact? I absolutely love Chinese Soup Dumplings and am a snob about their authenticity. I will eat them for every meal if I could and I will never get sick of them.



Dr. Ivan Gerlitz - Hospitalist

Where did you grow up? I was born and raised in Nelson BC.

Medical School and Residency? I went to St. James School of Medicine in Anguilla (Caribbean). Residency was with FMRS (Family Medicine Residency Spokane). My intern year was in Spokane and PGY2, PGY3 were with the Colville Rural Training Track.

What is your favorite thing to do in the Kootenays? Spending time outside with my wife Chris and my two young girls Juniper and Wynnoa.
Little known fact? I met my wife in Costa Rica while surfing in Pavones.



Dr. Jesse Thompson - FP Columbia Family Medicine

Where did you grow up? I grew up in southern Ontario. **Medical School and Residency?** I went to medical school at the University of Ottawa followed by residency based in Kelowna which solidified my love for BC. I was lucky enough to travel for rotations all over the province and to South Africa during residency, which ultimately led me here to the Kootenay area!

What is your favorite thing to do in the Kootenays? The outdoor activities here in the Kootenays are absolutely incredible and I love to bike, ski, hunt and chase my kids around the park.



Dr. Carolyn Hui - Anesthetist

Where did you grow up? I grew up in Edmonton AB!

Medical School and Residency? Med school was Calgary class of 2006; residency is University of Alberta 2011

What is your favorite thing to do in the Kootenays? Our favourite thing to do in the kootenays is RIDE - our snowboards and our mountain bikes! And explore all of the beautiful places out here with our two little girls and our new puppy Winston!



Dr. Tobias Gelber - FP Associate Clinic

Where did you grow up? I grew up in Christina Lake.
Medical School and Residency? Graduated from Grand Forks secondary school. I then went to UBC for an undergrad in biochemistry and then the University of Calgary for medicine. I did my residency through the University of Calgary followed by a GP anesthesia fellowship also in Calgary. I then moved down to Pincher Creek and practiced there for 20 years. I moved back to the Kootenays July 5 this summer.

What is your favorite thing to do in the Kootenays? My favorite things to do in the kootenays are mountain biking, downhill skiing, and having large family gatherings with my extended family at Christina Lake.

Facilities Engagement Working Group

Anesthesia - Dr. Ian Reid
Diagnostic Imaging - Dr. Sue Babensee
Emergency Medicine - Dr. Jeff Hussey
Hospitalists - Dr. Stef Houde
Family Practice - Dr. Stef Houde
ICU - Dr. John Peachell
Internal Medicine - Dr. Heather Stefanison
Laboratory Medicine - Dr. Dennis Small
Obs/Gyn/Peds - Dr. Kathryn Hale
Psychiatry - Dr. Carolyn Stark
Surgery - Dr. Hilary Brotherhood
Member at Large - Dr. Sam Segal
Past President - Dr. Susan Benzer
CME Coordinator - Dr. Melissa Herr

Heads of Department

Dept. of Family Practice - Dr. Stefanie Houde
Dept. of Surgery - Dr. Anne Dobson
Dept. of Psychiatry - Dr. Carolyn Stark
Dept. of Internal Medicine - Dr. Stark
Dept. of Internal Medicine - Dr. Heather Stefanison
Dept. of Diagnostic Imaging - Dr. David Williams
Dept. of Mat/Child - Dr. Ian Ferguson
Dept. of Emergency Medicine - Dr. Jeff Hussey
Division of Hospitalists - Dr. Stefanie Houde
Dept. of Anesthesia - Dr. Iain Reid
Division of Critical Care - Dr. Scot Mountain
Peri-Operative Medical Director - Dr. Seth Bitting

Directors and Officers

Interim President: Dr. Carolyn Stark

Vice President - Dr. Ian Sibbald

Treasurer - Dr. Carolyn Stark

Board Member - Dr. Sue Babensee

Board Member - Dr. Anne-Marie Baribeau

Doctors of BC - Leah Jackson

Managing Director - James Brotherhood

Welcome to Tara Dias

Hi Everyone! I'm Tara Dias, the new Administrative Assistant at KBPA. I moved to Castlegar with my husband and our 3 boys in December 2020 from Prince Rupert. I am very happy to be able to experience all 4 seasons again and not just 12 months of varying types of rain.

I am a huge foodie and if you have any suggestions on must eat places, please let me know! I am up for a good road trip and I love to hunt treasures thrift shopping too! Glad to be part of the team! ~ Tara



KBPA Project List:

Do you have a great idea for a project?

We can help! Download the [project proposal template](#) and then contact us for support. You can also submit ideas online at <http://bit.ly/kb-bon>. We have a significant amount of funds to use over the winter, this is a great opportunity to make positive change at our hospital!

Many more projects on the go - [click here for more details on our website](#) !

KB Doctors Social Media



KB Doctors.ca
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One Tap Helps Us Recruit the Physicians We Need!

Content shared by YOU receives
8x more engagement than
content shared by us.

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Source: Social Media Today



Questions? Feedback?

tdias@kbpa.ca
jbrotherhood@kbpa.ca
kpegg@kbpa.ca
pedney@kbpa.ca



Kootenay Boundary Physicians Association
www.kbpa.ca