

## Managing Director's Report

Good-bye 2021,

A heart-felt thank you for all the extra hours, uncertainty and discomfort you all managed through the course of this past year. I'd particularly like to acknowledge the board of the KBPA, who despite the fatiguing and languishing effects of the pandemic, continued to step up and serve you.

I'd like to take a moment to recognize those in the KBPA who have made this year as good as it can be. Perhaps you'd like to reach out to them to express your gratitude to them as well.



Dr. Sue Babensee, Dr. Kristen Edge, Dr. Ian Sibbald

Dr. Edge: Thank you for working hard to create exceptional MSA meeting experiences despite it being on zoom. Your ability to "be present" allows you to both lead and represent the MSA really well.

Dr. Sibbald: Thank you for your leadership of the KBPA Staff team, who can always rely on you for guidance and support to provide excellent opportunities to the med-staff to be engaged.

Dr. Babensee: Thank you for championing the engineering of an environment conducive to improving the basil happiness of the entire medical staff. The mural, the gardens, the events, the community building. These things are difficult to measure, but really high impact.

Dr. Small: Thank you for your impressively accurate ability to anticipate challenges, thus allowing us to pro-actively develop strategies and solutions. You were really great to have on the board.

Dr. Stark: We are excited to have you on the leadership team! Welcome and thanks for stepping into this role!

Kimberley Pegg: The diverse skills and talents of Kimberley Pegg drive 95% of the KBPA. From social media to recruiting to event planning. The KBPA would not be what it is today without you.

Lindy Turner: Your institutional knowledge, detail orientation and wonderful personality have been so important to the KBPA. All the best in your real retirement.

Sylvain Turgeon and Paul Edney: A huge thanks for their contribution to KB Doctors Recruitment team. Plus Paul always a huge contribution to KBPA Communications.

Wishing everyone a wonderful holiday season,

James Brotherhood  
Managing Director  
KBPA



James Brotherhood, his wife  
Dr. Hilary Brotherhood and  
their 3 children in Rossland.

# Medical Students @KBRH

June 2021 - May 2022

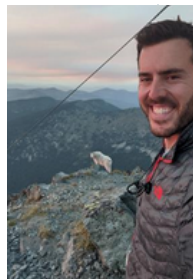
Apologies to Lionel, I got the content mixed up in the last newsletter -here you go- the real Lionel! K.

## Lionel Jensen

**Where did you grow up?** I grew up in Chilliwack, went off to Vancouver for my undergrad, Edmonton for 5 years for a PhD in virology, and finally back to Vancouver for medical school.

**Medical School and Residency?** UBC med and my campus is Vancouver Fraser Medical Program (VFMP)

**What is your favourite thing to do here in the Kootenays?** The learning at KBRH has been outstanding. When not at KBRH, biking, hiking and hot springs hunting are my favourite Kootenays activities! One memorable ride on Yellow Submarine led to a quick trip to the KBRH Emerg after I took a tumble. My fellow med student Brenna got to put in sutures for her first time on my lacerated right knee! So far I've enjoyed two rides along 7 Summits and picked off most of Rossland's trails, as well as a few trails in Nelson, Salmo and Castlegar. On the hiking front I've tagged the top of Old Glory, Gimli, Gray's Peak, Loki, Brennan and Toad. Trying to see as much of the Kootenays as I can while I'm here!



Picture: Me and the mountain goat  
I met on the summit of  
Old Glory.

# New Recruits @KBRH

## Dr. Hannah Mackenzie

**Where did you grow up?** I grew up in Vancouver, but spent the first few years of my life in Toronto.

**Medical School and Residency?**

I did my medical school at UWO, and then moved back to Vancouver for Internal Medicine residency and my GIM fellowship. My fellowship was actually the first time I came out to the Kootenays, and was persuaded to stay!

**What is your favourite thing to do here in the Kootenays?** Definitely skiing- I've just taken my AST1 this weekend, and am looking forward to exploring more off the resort this winter.

**A little known fact?** I have a (small) collection of film cameras that I will happily lug along multi-day hikes, despite many of them weighing several pounds.



## Dr. David Linton

**Where did you grow up?** Where did you grow up? I grew up in Calgary.

**Medical School and Residency?** I went to medical school at the University of Western Ontario. For residency, I came through family medicine in the Rural Okanagan Program at UBC (based in Kelowna but with extended rural rotations in Grand Forks and Inuvik). After family medicine, I also did 3rd year of added competency in Emergency Medicine in Regina.

**What is your favourite thing to do here in the Kootenays?** I snowboard and ski. It was actually snowboarding at Red Mountain that first brought me over the Paulson from Grand Forks when I was an R2 family medicine resident and introduced me to the area!

**A little known fact?** I've lived in 4 provinces, 1 territory and 1 other country (Singapore), but I love the mountains so we're thrilled to be able to call the Kootenay's home now.



## Visit KBPA.ca

Our [KBPA project list](#) and further details are on our KBPA.ca website:

- Dr. Stef Houde - Hospitalist Transformation Project 13th October, 2021
- Dr. Matt Halstead/Dr. Carolyn Stark - Psychiatry/Hospitalist Educational Working Group 2nd December, 2021
- Dr. Carolyn Stark - Peds/Psych Dinner 5th July, 2021
- Dr. Sue Babensee - #KBRHGratitudeGarden
- Dr. Sue Babensee - KBRH Appreciation Cafe 21st September, 2021
- Dr. Steph Houde - Hospitalist Team Building - Ongoing
- Dr. Carolyn Stark - KBRH Psychiatry & Emergency Educational Part 2 22nd June 2021
- Dr. Karen Humphreys and Dr. Beth Woodrow - Improving Internal Medicine Inpatient Consult Services to Hospitalist Program 7th July
- Dr. Sue Benzer - Mat/Peds Unit Team Canvas - Joy in the Workplace
- GoByBikeBC September 27 - October 10, 2021
- Recruitment at KBRH
- KB Doctors and Social Media

# Up and Coming Events

## ICU/GIM/Hospitalist Dinner Discussion 11th January, 2022

Lead Physician: Dr. John Peachell "How can we improve patient flow and continuity of care for the patient discharged from the ICU to the ward" at Gabriella's.

## Recruitment Focus Group 11th & 17th February, 2022

Lead Physician: Dr. Tara Gill. Conversations with R1's and R2's on February 11th 12-2pm and Residents 17th February, 2022 and the KB Doctors Recruitment Team are to serve as both a recruitment session and a focus group to ensure our broader recruitment efforts are optimally informed and strategic.

## Kootenay Conference 18th February, 2022

The yearly, local CPD event returns February 18, 2022! We are hopeful to host the event in-person, but will also plan virtual options for those unable to join or if COVID-19 restrictions prevent in-person attendance. The planning committee is busy fine-tuning the details & are happy to announce some sneak peeks! Nelson's Dr. Kyle Merritt will present an innovative talk on practicing medicine amidst climate change. Plus, world-renowned author of Finding the Mother Tree, Suzanne Simard, will speak on what we as individuals can learn from the way trees communicate with each other. Stay tuned for a more details & a formal invitation! Questions? Contact us at [cpdadmin@divisionsbc.ca](mailto:cpdadmin@divisionsbc.ca)

## Hot Chocolate Social 5th March, 2022 (save the date)

KBPA Family Social - Hot Chocolate and Poutine at the Josie.

## Heeding the Call 24th February, 2022 (save the date)

Educational Cultural Sensitivity Presentation, Dinner and Discussion with Dr. Leah Seaman, Family Medicine Expert, Christy Anderson, Aboriginal Health Liaison and COINS Elder, held at the Josie. Invites will go out to all beginning of January 2022.

Lead Physician: Dr. Sue Babensee. Health care practitioners in Canada are aware of the pressing need to deliver culturally safe care. This presentation will offer a case study to discuss and introduction to some valuable resources developed in the Kootenay Boundary to support the delivery of culturally safe care. As one of nine authors of the CanMEDS - Family Medicine - Indigenous Health Supplement, Dr. Leah Seaman will offer insights from this valuable resource that provides critical knowledge and skills needed for effective therapeutic interactions and culturally safe care of Indigenous patients, families and communities. Christy Anderson will provide a snapshot of locally-developed resources that support health care providers to enhance their care of Indigenous patients. A COINS Elder will provide an opening for the session.

## Facility Engagement Working Group

Vacant - Anesthesia  
 Dr. Sue Babensee - Diagnostic Imaging  
 Dr. Jeff Hussey - Emergency Medicine  
 Dr. Stef Houde - Hospitalist  
 Vacant - Family Practice  
 Dr. John Peachell - ICU  
 Dr. Chi Zhang - Internal Medicine  
 Dr. Dennis Small - Laboratory Medicine  
 Dr. Kathryn Hale - Obs/Gyn/Peds  
 Dr. Carolyn Stark - Psychiatry  
 Dr. Hilary Brotherhood - Surgery  
 Dr. Sam Segal - Member at Large  
 Dr. Susan Benzer - Past President  
 Dr. Melissa Herr - CME Coordinator

### Directors and Officers

Dr. Kristen Edge - President  
 Dr. Ian Sibbald - Vice President  
 Dr. Dennis Small - Treasurer (outgoing)  
 Dr. Carolyn Stark - Treasurer (incoming)  
 Dr. Sue Babensee - Board Member  
 Tara McClary - Drs of BC  
 James Brotherhood - Managing Director

As part of our KB Doctors recruitment project we are posting to Social Media lifestyle photos from local Physicians.

### How can you help?

Upload your awesome lifestyle and family pics to the [easy portal](#) and we will post them.

1. Like us on  
[@kbdoctors.ca](#) #kbdoctors  
[#sweetlifefordocs](#)
2. Share our [website](#) and [video](#)
3. Subscribe to our channel at [youtube](#)

## Do you have a great idea for a project?

We can help! Download the [project proposal template](#) and then contact us for support – [KBPA@facilityengagement.ca](mailto:KBPA@facilityengagement.ca), or try our ['back of a napkin' form!](#)



## Project Spotlight

### Review and Clinical Application of BC's Three Legislative Acts for Vulnerable Patients Requiring Hospitalization 2nd December, 2021

**Physician Leads: Dr. Carolyn Stark and Dr. Matt Halstead**

**MC: Dr. Stephanie Cameron**

A group of 33 physicians, KBRH nurses and social workers meet at the Josie to listen to Dr. Carolyn Stark and Dr. Matt Halstead presentation the "Mental Health Law, Consent and Capacity." The dinner was held at the Josie in the Velvet Restaurant.



Dr. Carolyn Stark, Dr. Stephanie Cameron, Dr. Matt Halstead



Dr. Stef Houde and KBRH Hospitalist Team

### Hospitalist Transformation Project 13th October, 2021

**Physician Lead: Dr. Stef Houde**

Dr. Houde invited her team to a dinner in the Aurum Room at the Josie to explain details of the new Hospitalist System at KBRH and to open up for questions and discussion. By the happy faces in the photo, looks like the dinner went extremely well.

## KBRH Long-Service Pins

Dr. Anders Merg: 10 Years  
 Dr. Seth Bitting: 15 Years  
 Dr. LeeAnn Laverty: 15 Years  
 Dr. Chi Zhang: 20 Years  
 Dr. Danuta Ksiazek: 20 Years  
 Dr. Miles Smith: 20 Years  
 Dr. Susan Benzer: 25 Years  
 Dr. Cynthia Neil: 30 Years

### Do you have a great idea for a project?

Do you have a project you'd like funding for? To explore your project idea start [here](#) - we can help.

**DECEMBER UPDATE 2021 p4**

## Staff Appreciation Awards 2021

**Nominated at Quarterly Medical Staff Meeting Dec 7, 2021**

Carolyn Stark – Jennifer Palsson (Recreational Therapist – Daly)  
 Scot Mountain (2) – Cody Grant (RN – ICU)  
 and Alexis Ingham (RN – ICU)  
 Paul Raju – Jordana Scott (Unit Clerk, Renal)  
 Leslie Pau/Mike Scully – Jon Marion, (RT)  
 Chi Zhang – Kiersten Gilbert (Cardiology Tech, Holter Lab.)  
 Janet Fisher – Tessa Whyte (PCC, Medical)  
 Nattana Dixon-Warren – Jerad Wilkie (Lab. Tech.)  
 Andrew Lawe – Joanne Sbitney (RN, OR Booking)  
 Iain Reid – Jodi Troman (Lab. Tech.)  
 Tammy McLean, NP – Luc Senechal (Maintenance)  
 Mike Robinson – Cindy Grayson (Unit Clerk, Surgical)  
 Ian Ferguson – Kailee Waterstreet (RN, Maternity)  
 Dave Edwards- Rachel Abbey (Ops. Supervisor, Lab Services)

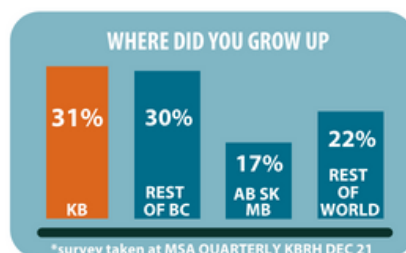
## KB Doctors Social Media

Please get your phone out and .....

- Like us on [Facebook](#) and [Instagram](#) and LinkedIn  
#kbdoctors #sweetlifefordocs
- Share our posts [@kbdoctors.ca](#)
- Share our [website](#)
- Share our new [KBPA/KBRH recruitment video](#)
- Subscribe to our channel at [youtube](#)

As part of our recruitment and retention strategy, we have built an online presence celebrating the achievements of our physicians, featuring highlights of our region, and connecting our physicians to activities in the community.

Our Social Media audience has grown to 516 on Instagram, 421 on Facebook and 213 connections on LinkedIn. We have generated multiple leads that have resulted in one on one conversations with our physician recruitment team through these avenues.



## Facility Engagement Working Group

Vacant - Anesthesia

Dr. Sue Babensee - Diagnostic Imaging

Dr. Jeff Hussey - Emergency Medicine

Dr. Stef Houde - Hospitalist

Vacant - Family Practice

Dr. John Peachell - ICU

Dr. Chi Zhang - Internal Medicine

Dr. Dennis Small - Laboratory Medicine

Dr. Kathryn Hale - Obs/Gyn/Peds

Dr. Carolyn Stark - Psychiatry

Dr. Hilary Brotherhood - Surgery

Dr. Sam Segal - Member at Large

Dr. Susan Benzer - Past President

Dr. Melissa Herr - CME Coordinator

### Directors and Officers

Dr. Kristen Edge - President

Dr. Ian Sibbald - Vice President

Dr. Dennis Small - Treasurer (outgoing)

Dr. Carolyn Stark - Treasurer (incoming)

Dr. Sue Babensee - Board Member

Tara McClary - Drs of BC

James Brotherhood - Managing Director

## KBPA Project List 2022

Do you have a great idea for a project?

We can help! Download the [project proposal template](#) and then contact us for support. You can also submit ideas online at <http://bit.ly/kb-bon>. We have a significant amount of funds to use over the winter, this is a great opportunity to make positive change at our hospital!

Many more projects on the go - [click here for more details on our website!](#)

Our [KBPA project list](#) and further details are on our KBPA.ca website:

- Dr. John Peachell - ICU/GIM/Hospitalist dinner discussion "how can we improve patient flow and continuity of care for the patient discharged from the ICU to the ward" at Gabriellas 11th January, 2022
- Dr. Tara Gill - Resident Recruitment Focus Group 11th February, 2022 and 17th February, 2022 Med Students Recruitment Focus Group
- Dr. Sue Babensee - Educational Cultural Sensitivity Talk, presentation dinner and discussion 24th February 2022
- Recruitment at KBRH
- KB Doctors and Social Media

### Do you have a great idea for a project?

We can help! Download the [project proposal template](#) and then contact us for support – KBPA@facilityengagement.ca, or try our '[back of a napkin](#)' form!

### Questions? Feedback?

support@kbpa.ca  
jbrotherhood@kbpa.ca  
kpegg@kbpa.ca  
pedney@kbpa.ca