



## KBPA Events

### #KBRHGratitudeMural finished

Thanks to Shaw Spotlight for producing this video of the #KBRHGratitudeMural. Details page 5.



### KBPA #KBRHGratitudeMural Project Team:

Dr. Sue Babensee (Project Lead and talking on the video), Dr. Sue Benzer, Dr. Pete Krampf, Dr. Kristen Edge, Dr. Carolyn Stark, Dr. Ian Sibbald, Ruth Kohut (IH), Tyler Toews (Artist),

## Recruitment @ KBPA

As part of our KB Doctors recruitment project we are posting to Social Media lifestyle photos from local Physicians.

### How can you help?

Upload your awesome lifestyle and family pics to the [easy portal](#) and we will post them.

1. Like us on  
@kbdoctors.ca #kbdoctors #sweetlifefordocs
2. Share our [website](#) and [video](#)
3. Subscribe to our channel at [youtube](#)



## President's Report



Dr. Ian Sibbald and wife Jill

As another perfect Kootenay fall is in progress, it is a good time to look forward to some exciting new initiatives at KBPA.

Unfortunately, it looks as though Covid is going to delay our AGM/party and the AGM will be virtual. The party will still happen, we just have to wait for things to improve enough to allow it.

We have an exciting hospitalist redesign project in the works with the potential to improve both patient care and job satisfaction, an ideal scenario! We are also planning a series of interdepartmental get together's to improve communication between departments, both on a formal and more importantly on an informal basis.

We are always looking for new project ideas, submit your idea here and welcome input either to the board members directly or through your department heads or working group members.

Have a Happy Thanksgiving!  
— Ian Sibbald, Vice-President



Wow! What a response! Operation Owatz is in high gear, with over 90 registered participants in the fitness challenge. Approximately 50 of those are using Strava to track their activities and go for success on the leaderboard. There is a tight race on right now for the top 5 places, and after the 10 days, Dr. Seth Bitting is leading the charge at over 26 hours!!

And on the fundraising part – well, nothing short of amazing community support. We will surpass our \$20,000 goal toward the purchase of a Gastroscope at the ACU @KBRH. Thank you! Participant Myra Rudakewich writes: "I made it to the top of Red for the first time this summer--so beautiful! Reaching new heights with #operationowatz" View the video about the event: [here](#) Contact email: operationowatz@shaw.ca

# Medical Students @KBRH

June 2021 - May 2022

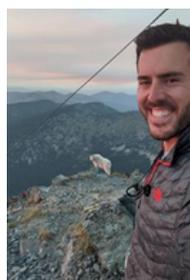
## Lionel Jensen

**Where did you grow up?** I grew up in Chilliwack, went off to Vancouver for my undergrad, Edmonton for 5 years for a PhD in virology, and finally back to Vancouver for medical school.

**Medical School and Residency?** UBC med and my campus is Vancouver Fraser Medical Program (VFMP)

**What is your favourite thing to do here in the Kootenays?** The learning at KBRH has been outstanding. When not at KBRH, biking, hiking and hot springs hunting are my favourite Kootenays activities! One memorable ride on Yellow Submarine led to a quick trip to the KBRH Emerg after I took a tumble. My fellow med student Brenna got to put in sutures for her first time on my lacerated right knee! So far I've enjoyed two rides along 7 Summits and picked off most of Rossland's trails, as well as a few trails in Nelson, Salmo and Castlegar. On the hiking front I've tagged the top of Old Glory, Gimli, Gray's Peak, Loki, Brennan and Toad. Trying to see as much of the Kootenays as I can while I'm here!

Picture: Me and the mountain goat I met on the summit of Old Glory.



## Brenna Mackay

**Where did you grow up?** Rossland.

**Medical School and Residency?** University of British Columbia Northern Medical Program.

**What is your favourite thing to do here in the Kootenays?**

Anything and everything outdoors. A few of my favourites are hiking in the Valhalla's, exploring natural hot springs, and ski touring Strawberry Pass.

**A little known fact?** I am getting married next summer and our ring bearer will be our 140lb dog, Goose!

Picture: Brenna, Mark and Goose



## Brian Hayes

**Where did you grow up?** Calgary.

**Medical School and Residency?** I completed a BKin and a MSc at UBC Vancouver, before moving to Kelowna to start medical school at the UBC Southern Medical Program.

**What is your favourite thing to do here in the Kootenays?** I absolutely love the easy access to fantastic hiking trails, and can't wait to sample the ski hills this winter!

**A little known fact?** I sang in a barbershop group before starting medical school.



## Visit KBPA.ca

Our [KBPA project list](#) and further details are on our KBPA.ca website:

- Dr. Stef Houde - Hospitalist Transformation Project 13th October, 2021
- Dr. Matt Halstead/Dr. Carolyn Stark - Psychiatry/Hospitalist Educational Working Group 2nd December, 2021
- Dr. Carolyn Stark - Peds/Psych Dinner 5th July, 2021
- Dr. Sue Babensee - #KBRHGratitudeGarden
- Dr. Sue Babensee - KBRH Appreciation Cafe 21st September, 2021
- Dr. Steph Houde - Hospitalist Team Building - Ongoing
- Dr. Carolyn Stark - KBRH Psychiatry & Emergency Educational Part 2 22nd June 2021
- Dr. Karen Humphreys and Dr. Beth Woodrow - Improving Internal Medicine Inpatient Consult Services to Hospitalist Program 7th July
- Dr. Sue Benzer - Mat/Peds Unit Team Canvas - Joy in the Workplace
- GoByBikeBC September 27 - October 10, 2021
- Recruitment at KBRH
- KB Doctors and Social Media

## Do you have a great idea for a project?

We can help! Download the [project proposal template](#) and then contact us for support – KBPA@facilityengagement.ca, or try our ['back of a napkin' form!](#)

# Up and Coming Events

13th October, 2021: Hospitalist Transformation Project - Working Dinner in the Aurum Boardroom at the Josie with lead physician Dr. Houde.

29th October, 2021: 1pm Judging of Pumpkin Carving Contest. Show off your carving skills, get your department together and enter the contest! - more details next week.

18th November, 2021: Pathology/Surgery Department Dinner TBC.

20th November, 2021: The Canadian Physicians Financial Wellness Conference The first annual Canadian Physicians Financial Wellness Conference is a philanthropic conference by physicians for physicians. 1-5pm EST(Zoom) Tickets \$55 ~KBPA will fund \$55 fee~ Buy your ticket here

To receive your refund of your ticket to the event email the eventbrite receipt to kpegg@kbpa.ca

25th November, 2021: Physician Wellness Series - Educational Cultural Sensitivity Dinner TBC.

2nd December, 2021: Psychiatry / Hospitalist Educational Working Group Dinner at the Monashee Ballroom, the Josie - Dr. Matt Halstead and Dr. Carolyn Stark.

7th December, 2021: KBPA AGM and MSA Quarterly (Zoom).

## Facility Engagement Working Group

Vacant - Anesthesia  
 Dr. Sue Babensee - Diagnostic Imaging  
 Dr. Jeff Hussey - Emergency Medicine  
 Vacant - Hospitalist  
 Vacant - Family Practice  
 Dr. John Peachell - ICU  
 Dr. Chi Zhang - Internal Medicine  
 Dr. Dennis Small - Laboratory Medicine  
 Dr. Kathryn Hale - Obs/Gyn/Peds  
 Dr. Carolyn Stark - Psychiatry  
 Dr. Hilary Brotherhood - Surgery  
 Dr. Sam Segal - Member at Large  
 Dr. Susan Benzer - Past President  
 Dr. Melissa Herr - CME Coordinator

### Directors and Officers

Dr. Kristen Edge - President  
 Dr. Ian Sibbald - Vice President  
 Dr. Dennis Small - Treasurer  
 Dr. Sue Babensee - Board Member  
 Tara McClary - Drs of BC  
 James Brotherhood - Managing Director



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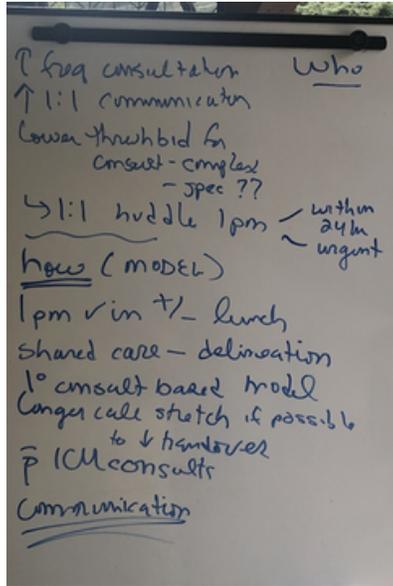
# Project Spotlight

## Internal Medicine inpatient consult service to Hospitalist Program - working dinner 7th July 2021

### Physician Leads: Dr. Karen Humphreys and Dr. Beth Woodrow

The aim of the project is to provide support for the hospitalist program and to improve patient care. Phase 3: A working dinner was arranged on the 7th July, 2021 at Karen Humphrey's place to communicate the IM Consult service framework. 12 physicians IM/Hospitalists from KBRH attended. Beth presented the available literature surrounding the IM consultation and Karen presented the three most common models of IM/Hospitalist models of care in Canada.

It was a hot afternoon together with a thunderstorm just before the start of the event. A delicious dinner was delivered by Kim's Creations and the setting in Karen's garden was very relaxing.



IM/Hospitalist dinner/discussion at Dr. Karen Humphreys home in Sunningdale

### At the end of the event 2 break out groups were formed and the discussions were:

What are the patients/processes that SHOULD be referred for Internal Medicine co managed care? AND What is the optimal model of care for us to at KBRH?

It was agreed to check in quarterly, keep the lines of communication open and get together for a working dinner periodically.

### KBRH Maternity & Pediatrics Team Values



### Mats/Peds Joy in the Workplace

#### Physician Lead: Sue Benzer

The mat/peds team worked collaboratively using the team canvas platform to generate a common vision to help build a healthy, joyful work environment on the unit.

### Do you have a great idea for a project?

Do you have a project you'd like funding for? To explore your project idea start [here](#) - we can help.

CALL FOR

**PROJECT PROPOSALS**

KBPA@FACILITYENGAGEMENT.CA

# Project Spotlight

## KBRH Psychiatry & Emergency Educational Dinner Part 2

### Lead Physician: Dr. Carolyn Stark

A working group dinner was held at Gabriella's in Rossland on the 22nd June 2021. The focus of the dinner was for an update on topics regarding the Emergency Department care of Psychiatric Patients.

Dr. Stephanie Cameron was MC and key topics were:  
 Dr. Carolyn Stark - Review of the Mental Health Act, Forms 4 and 5  
 Joann Auger - Seclusion and Restraint Procedure and Policy

18 KBRH Psych and Emerg Physicians attended, 6 KBRH managers and nurses attended, along with 3 Residents; Dr. Cindy Ge, Dr. Rachel Boyle and Dr. Patricia Jiang.



Dr. Carolyn Stark



Dr. Stephanie Cameron



Joann Auger



## Appreciation Cafe - 21st September 2021

### Thank you to KBRH staff and physicians

KBPA supported the Appreciation Cafe at the Grind Cafe at KBRH on the 21st September, 2021 to show appreciation for KBRH staff and physicians. BTW: The chocolate cookies were the favourite!

## #KBRHGratitudeMural Video

### Lead Physician: Dr. Sue Babensee

View the making of the #KBRHGratitudeMural Video produced by Shaw Spotlight  
<https://www.youtube.com/watch?v=POCOixEfk34>



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## Questions? Feedback?

[support@kbpa.ca](mailto:support@kbpa.ca)  
[jbrotherhood@kbpa.ca](mailto:jbrotherhood@kbpa.ca)  
[kpegg@kbpa.ca](mailto:kpegg@kbpa.ca)  
[pedney@kbpa.ca](mailto:pedney@kbpa.ca)