

KBPA Events

#KBRHGratitudeMural Completed

The #KBRHGratitudeMural is now complete. A present to the staff at KBRH and communities of Kootenay Boundary, with love from the doctors of the Kootenay Boundary Physicians Association (KBPA) to inspire and reflect “Joy and Gratitude” during and after the pandemic COVID-19 (2020-21), painted at the back entry of KBRH, now the main entry for physicians and staff.



Recruitment @ KBPA

As part of our KB Doctors recruitment project we are posting to Social Media lifestyle photos from local Physicians.

How can you help?

Upload your awesome lifestyle and family pics to the [easy_portal](#) and we will post them.

1. Like us on
@kbdoctors.ca #kbdoctors
#sweetlifefordocs
2. Share our [website](#) and [video](#)
3. Subscribe to our channel at [youtube](#)



President's Report



Dr. Ian Sibbald

It looks as though summer is here and we should all have a chance to reconnect with friends, colleagues and family over the next few months. I feel we have a lot to look forward to and that many of the stresses of the last 18 months are starting to lift. Hopefully with that new energy to make positive changes in our work environment. We have shown that change is possible if there is a strong enough push to make it happen, now we can use those lessons to push for improvements in how we do things at KBRH. We should think about how we can do better, more efficient care while building on what we already do well while

looking for opportunities to lead change in areas where there is room for improvement. There are lots of good ideas out there, hopefully, we can get some of them to bear fruit. If you want support in this area approach one of the KBPA executive or your department head and we can help move things forward. Or feel free to submit your idea on our quick “Back of the Napkin” form at <http://bit.ly/kb-bon>.

I want to thank Dr. Babensee and her group for the Gratitude Mural, I think it will lift some spirits as we come into the building each day. Enjoy the summer.

Ian Sibbald - Co-President with Kristen Edge!



Project Team: Tyler Toews, Dr. Sue Benzer, Dr. Pete Krampfl, Dr. Kristen Edge, Dr. Ian Sibbald, Ruth Kohut (IH), Dr. Sue Babensee (Project Lead)



#KBRHGratitudeMural is now completed.
1st May - 28th May, 2021

In-House Matters

Watch for the COVID payments should arrive by June 30th.

REMINDER: Keep Pathways Up to Date

Pathways is the 'go to' for specialist referrals, with approximately 65% of family practitioners regularly using the online hub. Please make sure your profile is up to date with your latest wait times, referral forms and any other important information. Need help? Contact Paul - pedney@divisionsbc.ca.

THANK YOU! Over \$6,000 Raised for Selkirk Pre-Medicine Scholarship

A big thank you to the KBRH MSA for this year's \$2,000 donation, and your ongoing support of the Selkirk Pre-Medicine Scholarship. This brings the total raised since the launch of the scholarship 5 years ago by the Division, MSA and practitioners around the region to \$35,000. To date 16 students have been supported through these scholarships, two of whom are Madison Morehouse and Rebecca Macleod are currently enrolled in medical school at UBC. Three are currently in the med school application process. Four will be applying to med school in 2022, and one scholarship recipient is in the interview process for the Doctor of Pharmacy program at UBC!

Recent Recruits

@KBRH, please join us in welcoming

Dr. Ian Ferguson, OB/GYN-KBRH April 2021

Where did you grow up? Calgary.
 Medical School and Residency? I did my undergraduate there in Zoology. I did medical school in Vancouver and then moved to Halifax for my OBGYN residency at Dalhousie.
 What is your favourite thing to do here in the Kootenays?
 We love everything outdoors in the Kootenays and in particular, I am an avid skier.
 A little known fact? I started and ran a candy store for over ten years in Calgary!
 BTW: I have a 2 year-old daughter and we are expecting another in July! My inlaws are in Slocan Park so we are thrilled to be closer to the grandparents.



Dr. Dean Self, ANES/KBRH April 2021

Where did you grow up? Carlton, Saskatchewan.
 Medical School and Residency? Medicine - U. of A. ; Anesthesia Residency - University of Ottawa.
 What is your favourite thing to do here in the Kootenays?
 Canoeing.
 A little known fact? Before medicine, I became a commercial pilot.

Visit KBPA.ca

Our [KBPA project list](#) and further details are on our KBPA.ca website:

- Dr. Sue Babensee - #KBRHGratitudeMural and Garden
- Dr. Sue Babensee - KBRH Appreciation Cafe
- Dr. Steph Houde - Hospitalists Team Building
- Dr. Carolyn Stark - KBRH Psychiatry & Emergency Educational Update Part 2
- Dr. Karen Humphreys and Dr. Beth Woodrow - Improving Internal Medicine Inpatient Consult Services to Hospitalist Program
- Dr. Sue Benzer - Mat/Peds Unit Team Canvas - Joy in the Workplace
- GoByBikeBC 31st May - 6th June
- Dr. Sam Segal - Rheumatology Resident marketing materials

Facility Engagement Working Group

- Dr. Jeff Hussey
- Dr. Stephanie Houde
- Dr. Eileen Purssell
- Dr. John Peachell
- Dr. Chi Zhang
- Dr. Dennis Small
- Dr. Kathryn Hale
- Dr. Carolyn Stark
- Dr. Melissa Herr
- Dr. Sam Segal
- Dr. Sue Benzer
- Dept of Anesthesia - Vacant
- Dept of Surgery - Vacant
- Directors and Officers**
- Dr. Kristen Edge - President
- Dr. Ian Sibbald - Vice President
- Dr. Dennis Small - Treasurer
- Dr. Sue Babensee - Board Member
- Tara McClary - Drs of BC James Brotherhood - Managing Director

Recent Recruits

@KBRH, please join us in welcoming

Dr. Court Babcock GEN/SURG-KBRH April 2021

Where did you grow up? Warfield Medical School and Residency? I completed medical school and residency at UBC.

What is your favourite thing to do here in the Kootenays? Golf, fish, hike and camp in the Kootenays, sorry can't pick just one.

A little known fact? I was one of 6 Babcock's over 2 generations to play for Andy Bileski.



Dr. Beth Woodrow, IM-KBRH January 2021



Where did you grow up? Alberta Medical School and Residency? Med school at UBC in the Island Medical Program and Trail ICC, Internal Medicine residency in Halifax.

What is your favourite thing to do here in the Kootenays? Favorite thing is eating grilled cheese at the strawberry pass cabins.

A little known fact? I accidentally picked up an east coast accent while I did residency in Halifax, and now I'm struggling to get back to my western roots.

Dr. Claire Fantus, PSYCH-KBRH January 2021

Where did you grow up? Montreal and Toronto.

Medical School and Residency? Ben Gurion University for med school and University of Toronto for residency.

What is your favourite thing to do here in the Kootenays? Hanging out at the beach (still finding my way around the Kootenays!).

A little known fact? I play the violin.



KB Doctors Social Media

How can you help?

Please get your phone out and.....

- Like us on [Facebook](#) and [Instagram](#) and [LinkedIn](#)
#kbdoctors
#sweetlifefordocs
- Share our [website](#)
- Share our new [KBPA/KBRH recruitment video](#)
- Subscribe to our channel at [youtube](#).

Social Media:

As part of our recruitment and retention strategy we have built an online presence celebrating the achievements of our physicians, featuring highlights of our region, and connecting our physicians to activities in the community.

Our Social Media audience has grown to 465 on Instagram, 334 on Facebook and 250 connections on LinkedIn. We have generated multiple leads that have resulted in one on one conversations with our physician recruitment team through these avenues.

Do you have a great idea for a project?

We can help! Download the [project proposal template](#) and then contact us for support – KBPA@facilityengagement.ca, or try our ['back of a napkin' form!](#)

Project Spotlight

#KBRHStaffAppreciationDay 5th May 2021

Our KBPA continues to support a multitude of physician projects aimed at improving patient care and physician life at KBRH. As a thank you to all KBRH staff for their support and hard work, the KBPA supplied free coffee and drinks on 5th May 2021 from the Grind Coffee Shop at KBRH. We also took the opportunity to display the design for the #KBRHGratitudeMural to show KBRH staff prior to releasing the mural design to the media. The next #KBRHStaffAppreciationDay will be in September 2021.



Dr. Sue Benzer (Top) and Dr. Ron Cameron



APPRECIATION Cafe

Perk up your day with a little gratitude for KBRH (and a wee shot of espresso on us.)



May you be safe
May you be happy
May you be healthy
May you have coffee

Pass it on
"Spread Gratitude"



#KBRHGratitudeMural - Dr. Sue Babensee

Perfect mural painting weather during the month of May for Tyler Toews (Mural Artist) who designed and painted the #KBRHGratitudeMural. Dr. Sue Babensee lead the project with amazing collaboration from Ruth Kohut and her team at KBRH. The project has been posted on [KBDoctors Facebook page](#), Shaw Spotlight has done a mini-documentary (available soon) and Dr. Babensee (Project Lead) talked with Chris Walker on CBC DayBreak Kelowna about the #KBRHGratitudeMural [here](#). We also have a [kbdoctors blog](#) about the #KBRHGratitudeMural. The mural was completed on the 28th May, 2021.



Dr. Carolyn Stark Day 4



#KBRHGratitudeMural Finished

Hospitalists Team Building Project - Dr. Stef Houde

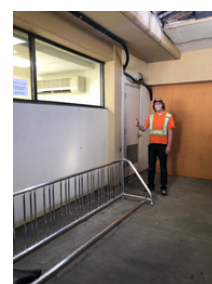
14 /16 and 13/16 physicians participated in the workshops respectively, which is impressive given that several would be working / on call during these sessions. Our hospitalist group has undergone substantial transitions over the past few years and this was a great step to finding alignment on their path forward.

#Gobybike week BC and KBPA bike cage

For the 2nd year running KB Doctors has entered a team in the #GoByBikeBC event. The idea is to encourage everyone to get on their bike and ride; to work or for fun. A big thank you to the KBPA for providing a new bike rack in the KBPA Bike Cage. The new bike rack was made by local MOFAB from Rossland.



Dr. John Peachell



New Bike Rack in KBPA Bike Cage



Do you have a great idea for a project?

Do you have a project you'd like funding for? To explore your project idea start [here](#) - we can help.

CALL FOR

PROJECT PROPOSALS

KBPA@FACILITYENGAGEMENT.CA

Project Spotlight

IM Improving Internal Medicine inpatient consult service to Hospitalist Program - Dr. Karen Humphreys and Dr. Beth Woodrow

This project was developed to help support the hospitalists at KBRH. There are different Internal Medicine models of care in the other IH hospitals and this project is SPECIFIC for supporting our local hospitalist program. The aim of the project is to provide support for the hospitalist program and to improve patient care. The project is expected to wrap up in July 2021 with a working dinner to communicate the IM Consult service framework to KBRH Hospitalists.

Improving Internal Medicine inpatient consult service to Hospitalist Program

January 2021 until July 2021

Project leads

- Karen Humphreys and Beth Woodrow
- karenhumphreysmd@live.com
- bethany.woodrow@gmail.com



KBPA PROJECT


Joy in the Workplace - Dr. Sue Benzer



“Joy in the Workplace” June 2021 lunchtime meeting held in the boardroom at KBRH, lunch boxes delivered by Kim’s Creations (Chicken Thai Salad)

Dr. Sue Benzer is leading a leadership/team building project with the Maternity/Paediatric department at KBRH.

The project is a template to systematically address the workplace culture and significant challenges we face at our hospital, which scored amongst the lowest in the province in engagement. Physicians are an essential part of the solution and there is direct alignment with the objectives of facility engagement funding as well as the strategic priorities of KBPA.

The “Joy in the Workplace” project will be compensating and encouraging physicians to be involved in significant change initiatives within the hospital that will improve the work environments for both physicians and nurses as well as improve patient care and decrease costs. The project is running at KBRH from April to August 2021.

Operation Owatz: Let’s Get Moving - A tribute to Todd through fitness

September 6 – October 15, 2021

As you know, Dr. Owatz passed away on October 15th, 2020. One of Todd’s passions was fitness and wellness, for himself and for others. He knew the benefits of leading an active lifestyle, especially for his patients.

This first annual movement and fitness challenge will have people from all over Kootenay Boundary moving, improving their own health and well-being. By collecting \$\$ pledges for the activities, money will be raised for the ACU at KBRH. Over the course of 6 weeks, participants will get moving and keep track of their activities. Walk, run, cycle, do yoga, do aqua exercise, walk, paddleboard... Everyone will log their activities into an activity roster. Prizes will be awarded. A small registration fee will be collected.

Mark your calendars! Stay tuned for more details! Contact: operationowatz@shaw.ca



Do you have a great idea for a project?

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Questions? Feedback?

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