

Upcoming KBPA Events

June 18

Staff Appreciation Day at KBRH. Free coffee from the Grind for all staff; Physicians, Nurses and Administration as a thank you from the KBPA. We ask you to place a written thought in the Gratitude Box near the counter in exchange for a coffee.

Coming Soon

The Gratitude Garden @ KBRH
A big thank you to Dr Sue Babansee for planting a Gratitude Garden in the back parking lot for staff, patients and visitors to enjoy. "Gratitude turns what we have into enough."



Recruitment @ KBPA

As part of our KB Doctors recruitment project we are posting to Social Media lifestyle photos from local Physicians.

A big thank you to Dr. Hiliary Brotherhood, Dr. Philip Stuart, Dr. Mike Robinson, Dr. Mike Hjelkrem for sending in some great shots.

How can you help?

Upload your awesome lifestyle and family pics to the [easy portal](#) and we will post them.

1. Like us on  
@kbdoctors.ca #kbdoctors
#sweetlifefordocs
2. Share our [website](#) and [video](#)
3. Subscribe to our channel at [youtube](#)

President's Report



It has been an eventful year at the Kootenay Boundary Physicians Association. Our Past-President, Dr. Benzer, took on the role of Chief of Staff leaving a void at the top. She did a fantastic job in her tenure as President and we look forward to working with her in her new role. After some discussion and the realization that one person could not easily meet the high standard that Dr. Benzer established, Dr. Edge and I decided to split the roles of Medical Staff president and KBPA board chair. Dr. Edge is intending to work as the president of the medical staff while I am going to run with the KBPA side of the job. We are excited about this change and hope it creates some new opportunities and ideas.

COVID has changed a lot about how we all do business and KBPA is no exception. We have not had the opportunity to get together in some of the ways that we had planned but recognize how important they are to team culture. We are actively looking for ways that we can continue to enhance physician morale and engagement with each other, the hospital and health authority. We welcome your creative solutions as to how we can accomplish these goals while respecting the restrictions of the pandemic.

Despite the changes and challenges of the last 12 months, we do feel that we were able to accomplish a lot to benefit the physicians at KBRH. We are currently funding 10 high impact committees, have built a comprehensive recruitment support system, and have 3 projects in various stages of development.

As we move into the fall and winter season, we want to encourage you all to come forward with ideas for events or projects that can either improve our work environment and our ability to provide patient care. We also need ideas for events that will foster a greater sense of team and just plain be good for our souls. This is the key mandate of the KBPA and we are open to all ideas. You can talk to one of the board members or to your department's working group representative who's role is to be a conduit from the KBPA board to your department meetings. Traditionally this has been department heads but if any of you have an interest in that, bring it up at your department meetings. You can also submit ideas online at <http://bit.ly/kb-bon>. The more active and engaged the working group members can be, the better we will be able to represent your interests. We have a significant amount of funds to use over the winter and so have a great opportunity to make positive change at our hospital.

Ian Sibbald, Co-President with Kristen Edge

Project Spotlight

Assessing the volume status of dialysis patients using bedside lung ultrasound

Dr. Paul Raju, Nephrologist and Project Coordinator, KBRH Trail

The aim of the project was to use ultrasound to safely guide fluid removal therapy during hemodialysis and prevent hypotension during dialysis. The analysis of the results demonstrated a statistical decrease in the overall time patients were hypotensive while on dialysis.

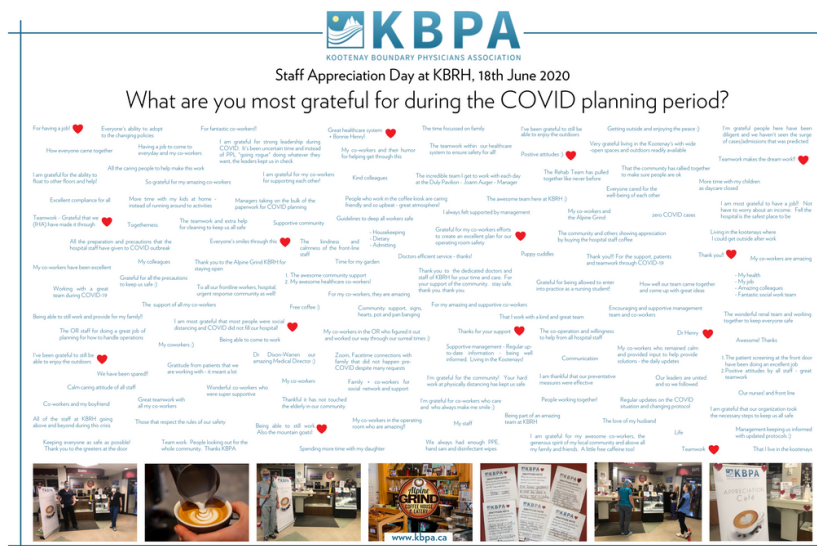
Furthermore, the ultrasound allowed project investigators to identify those patients with sub-clinical congestive heart failure (that is those without signs or symptoms of heart failure) who benefited from additional fluid removal. [Read More](#)



Staff Appreciation Day, KBRH Trail

Physician Lead: Dr. Susan Benzer

Free coffee and drinks for all staff and physicians from the Grind Coffee Shop at KBRH were put on by the Kootenay Boundary Physicians Association on 18th June 2020 as a thank you for all their support and hard work. Over 130 uplifting Gratitude Notes were written, extremely positive, and highlighting the teamwork during COVID-19. A canvas banner has been made to replace last year's banner and will hang in the entrance or cafeteria at KBRH. [Read More](#)



Do you have a great idea for a project?

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CALL FOR **PROJECT PROPOSALS**
KBPA@FACILITYENGAGEMENT.CA

Visit KBPA.ca

Our [KBPA project list](#) and further details are on our KBPA.ca website:

- Dr. Paul Raju - Lung Ultrasound PQI Project
- Dr. Susan Babensee - The Gratitude Garden
- Dr. Susan Benzer - Staff Appreciation Day
- Dr. Ken McCaskill - Trail Times Advert
- Dr. Jeff Hussey - Code Orange
- Dr. Jeff Hussey - Lean In ED
- Dr. Eileen Pursell - PSLS
- Dr. Kynan Bazley - MAID Meetings
- Dr. Cynthia Neil - MBSR
- Dr. Giselle Adam - Physician Exchange Program
- Dr. Susan Benzer - Monthly Physician Social
- Dr. Susan Benzer - Apres Ski Hot Chocolate
- Dr. Samantha Segal - #masks4all Rossland
- Recruitment at KBRH
- KB Doctors and Social Media

Facility Engagement Working Group

- Dr. Susan Benzer
- Dr. Ian Grant
- Dr. David Williams
- Dr. Jeff Hussey
- Dr. Kynan Bazley
- Dr. Eileen Pursell
- Dr. Dennis Small
- Dr. Carolyn Stark
- Dr. Chi Zhang
- Dr. Megan Taylor
- Dr. Stephanie Cameron
- Dr. Anne Dobson
- Dr. Susan Babensee
- Kirsten Smillie - Drs of BC
- James Brotherhood - Managing Director

Project Spotlight

Advert in the Trail Times July 2nd, 2020

KBPA Board and Physician Lead: Ken McCaskill

The entire Health Care Staff of the Kootenay Boundary Regional Hospital and surrounding Clinics wish to thank the people and businesses of the area for their remarkable adherence to the guidelines in Covid-19 prevention. We have all seen an amazing and swift change in our behavior in a very short time and this has contributed to the very low incidence of disease in our area. Going forward, as we open up our socializing and businesses, it is important that we continue to observe the lessons we have learned in the last few months. Keep good hygiene and distancing and keep us all healthy! Thank you from all of us!

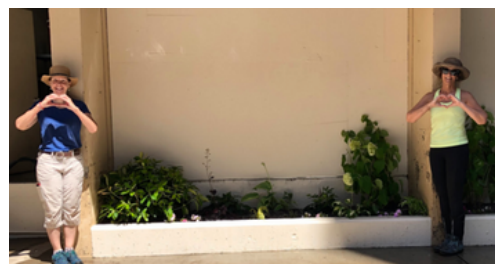
From the doctors, nurses, midwives, respiratory/lab/diagnostic imaging technicians, administration, cleaning staff, and maintenance personnel of KBRH.



The Gratitude Garden, KBRH Trail

Physician Lead: Dr. Susan Babensee

New life has been given to 3 garden beds at the back entrance of KBRH. The initial idea to reinvigorate the back garden was the brainchild of Sue Benzer and her thought was to call it "The Gratitude Garden". Sue passed her thoughts onto Sue Babensee who took up the lead. With the help of Luc and his team, 3 gardens were planted within a month. As COVID hit, a little greenery at the back entry brought smiles to some faces "Gratitude turns what we have into enough." The next step is the possibility of adding a mural reflecting "Gratitude" to the wall/s behind the garden. Discussions in the fall with our Working Group will discuss the types of images and their significance and how this mural can impact our community. (plus brighten up the back area). Any ideas or feedback please contact Sue Babensee.



KBPA currently has a (relatively) significant budget to spend on projects. Please share your ideas on what you think KBPA could focus on that boosts engagement, morale and / or enhances our work environment at KBRH in the coming months. Please help generate your ideas in the Thought Exchange Link.

Thought Exchange Link

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Project Spotlight

Recruitment at KBRH

Our recruitment efforts over the past number of months have shown results. We have recruited 2 Anesthesiologists, 1 Psychiatrist, 1 Family Physicians and 1 Internal Medicine to the region. We are actively pursuing several additional candidates. Thanks to all those who have supported these efforts!

How can you help?

Win \$25 Mountain Nugget Gift Voucher (next draw 1st October)

Go into our monthly draw to win. Upload your awesome lifestyle and family pics to the easy portal and we will post them.

A big thank you to Dr. Paul Raju, Dr. Sam Segal, Dr. Trevor Janz, Dr. Liisa Stone, Dr. Philip Stuart, Dr. Mike Robinson, Dr. Mike Hjelkrem (and anyone else) for sending in some great shots.

Please get your phone out and.....

- Like us on [Facebook](#) and [Instagram](#) and [LinkedIn](#) #kbdoctors #sweetlifefordocs
- Share our [website](#)
- Share our new [KBPA/KBRH recruitment video](#)
- Subscribe to our channel at [youtube](#).



GoByBikeBC Week - Join the KB Doctors Team

28th September - 4th October, 2020

Each year, @GoByBike BC's Spring & Fall Bike to Work & School Week encourages British Columbian's to choose their bicycles for transportation rather than a motor vehicle. This year, KBDoctors is entering a team! Get healthy, give patients a good example to follow, win prizes! Bike to work week runs September 28 to October 4 - Register for free, and join the GoByBikeBC KB Doctors Team Today!

REMINDER:

Last year the KBPA funded the Bike Cage Project at KBRH situated behind the MRI Trailer. The Bike Cage is secure and available to all KBRH staff.

Physicians need to see Cheryl Askew to update their Chubb Card to access the Bike Cage and all other KBRH staff need to see their managers. It holds about 20 bikes. It has a security camera on it, however, please lock up your bike as well. [Read More](#)

KB Doctors.ca
Great Community • Vibrant Medicine • Sweet Life



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Project Spotlight

Reflections - Past, Present, Future

With a moment to reflect on the past year in my role with KBPA, I am most proud when I see the leadership you all bring to our community in action, both inside and outside of the hospital. The power and influence of your collective voice in the community, region, and province is striking. Another joy you all know, is how great it is to work with Dr. Benzer on a regular basis. Her passionate interest in team culture, community building, and physician wellness shined through the projects and initiatives we drove. Her leadership style and desire to make our hospital a great place to work will undoubtedly continue in her new role as Chief of Staff. Operating largely behind the scenes, KBPA have a truly fantastic team of staff. Lindy Turner's systems knowledge and attention to detail is the glue to our organization. Kimberley Pegg's breadth of skills never ceases to amaze, Sylvain Turgeon is a mastermind with recruits and it is a game-changer in that domain, and Paul Edney's professional touch always catches me surprised. Through COVID – 19 KBPA served as a vehicle for compensating you for some of your time, which has been reimbursed to us and available to spend. Given these circumstances, KBPA has a (relatively) significant amount of money that should be spent before March 31, 2021. If you have project proposals, events, or other ideas, please submit a simple outline of your idea at <http://bit.ly/kb-bon>. The KBPA team can then help you complete a project proposal for evaluation at the next KBPA working group meeting on 29th September, 2020.

On behalf of the KBPA Team, thank you for all that you do.

James Brotherhood
KBPA Managing Director

KBPA Project List

Many more projects on the go - click here for more details on our website!

Dr. Paul Raju - Lung Ultrasound PQI Project
 Dr. Sue Babensee - The Gratitude Garden
 Dr. Ken McCaskill - Trail Times Advert
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 Dr. Susan Babensee

Kirsten Smillie - Drs. of BC
 James Brotherhood
 -KBPA Managing Director

Questions? Feedback?

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