



## Upcoming KBPA Events

**March 15** – Chocolate Tasting and info evening with Mountain Nugget's chocolatier, 7-9pm. Register with Tara - [thowse@kbpa.ca](mailto:thowse@kbpa.ca)

**May 23** – Save the date for our KBPA Spring CAFÉ 5:30-8:30pm

## Book Club

Kathryn Hale is starting a book club!  
 “Those who read literary fiction performed better in theory of mind, which is a surrogate for measuring empathy. It moves the needle on what is probably the most difficult part of physician burnout –depersonalization.” (AMA)  
 Wanna join in? Contact Kathryn - [kathrynbknight@gmail.com](mailto:kathrynbknight@gmail.com)

## Bike Cage

The bike cage is here! Is anyone interested in participating in this spring's Bike to Work Week? Great prizes to be won! Details coming soon.

## It's a Wellness Fact!



**Did you know** that a banana has approximately 30% of your daily recommended intake of vitamin B6? Eating a banana can help relieve depression and anxiety by stimulating serotonin levels.. Tastes yummy too. (Armpit scratching optional.)

## President's Report

As I sit here in the airport, heading off to do a medical mission in Tanzania following our Quarterly Medical Staff meeting last evening, I reflect back on the inspiration these meetings give me.



I see a room filled with incredible people including physicians, administrators, administrative assistants, project directors and managers; all part of an amazing team that supports KBRH. As we work through our agenda, we are reminded that we are leaders in so many aspects of health care delivery. I am so excited and proud to have the opportunity to be a part of the leadership of this powerhouse. I look forward to a year of unprecedented physician engagement, building relationships, and continual positive cultural growth. — Sue Benzer, President



Thank you to all those who joined our Kootenay Boundary physician colleagues, partners and children at the RED Physician Wellness Retreat Feb 8/9, 2019.

*Great information, delicious food, beautiful accommodations!*

*I loved that the whole family was included and that there were separate activities for the kids!*



# Project Spotlights

## Physician Exchange

The **Physician Exchange project** aims to foster collegiality amongst doctors working at facilities throughout the Kootenay Boundary. Physician Exchange offers you the opportunity to travel to a neighbouring facility to receive a tour and network with local physicians there. Sessional fees and travel costs will be provided.



“Huh, so that’s what the bowels of KLH look like”

Since launching in late February, the project already has 10 physician exchanges planned!

KLH Maternity? ED? Arrow Lakes Res Care? Now’s your chance – Contact Physician Lead, Gisele Adam, [gisele.c.adam@gmail.com](mailto:gisele.c.adam@gmail.com)

## Physician Office Medical Device Reprocessing

**Stephanie Cameron** led a project to assess the level of awareness and compliance with the newly enforced regulations for Medical Device Reprocessing in community physician clinics (known as POMDRA). An electronic survey was distributed to physicians working in community clinics in the Trail area. Eleven GPs and 14 specialists responded. Contact Delia - [drobot@kbpa.ca](mailto:drobot@kbpa.ca) for more information.



Findings included:

- One GP and 9 specialists were previously unaware of the POMDRA program
- All GP’s perform procedures requiring MDR devices in clinic but only 3 specialists continue to offer these services
- Five GPs have been notified of POMDRA assessment. All those who have undergone the assessment stated that it is prohibitively expensive to comply with regulations
- One specialist plans to make in office upgrades, one will switch to disposables and one plans to move all procedures from clinic to KBRH
- Only one specialist and one GP currently have support from IH for in-clinic MDR but five specialists stated that if IH supported MDR they would perform procedures currently done at KBRH in office
- Five specialists and 4 GPs commented to the effect that the program is not founded in evidence and that it will result in a decrease in patient services

This work has led to the planning of a Kootenay Boundary-wide meeting to discuss and create a plan of action around this issue. Target date for this meeting is early April.

## Back of a Napkin Idea?

Thanks to all physicians who used the “Back of a Napkin” feature on our website



to submit their project ideas — it works!

More ideas welcome at [kbpa.ca](http://kbpa.ca) (bottom of the homepage)

## Visit KBPA.ca

Updated KBPA project list is live at on the KPBA website: 20 projects that aim to improve working life and patient care at KBRH. Visit [kbpa.ca](http://kbpa.ca)

## Contact

We’re at your service!  
 Contact us — [support@kbpa.ca](mailto:support@kbpa.ca)

## Facility Engagement Working Group

- Dr. Ralph Behrens
- Dr. Sue Benzer
- Dr. Ian Grant
- Dr. Kathryn Hale
- Dr. Jeff Hussey
- Dr. Scot Mountain
- Dr. Jeremy Prenger
- Dr. Mike Robinson
- Dr. Sam Segal
- Dr. Dennis Small
- Dr. Megan Taylor
- Dr. Deanna Teichrob
- Dr. David Williams
- Dr. Selena Davis – Executive Director  
 250-505-7866

## Next Facility Group Working Meeting:

Thursday, March 14, 2019