



KOOTENAY BOUNDARY PHYSICIANS ASSOCIATION

SUMMER 2018 UPDATE

AGM Spring Café Success



All Café pics here: kbpa.ca/gallery

Our Website is Live

Visit kbpa.ca

Regional Roundtable: More That Unites Us

Thank you to all who attended an entertaining AGM and CAFÉ event on May 24th. This was another great opportunity to gather as colleagues, joined this time by our partners from various levels of IH administration. The day began with a Regional Roundtable discussion of the unique challenges physicians face in Kootenay Boundary. Our physician representation included 2 members from each facility engagement working group in Kootenay Boundary: Trail, Nelson, Grand Forks, Arrow Lakes.

I would personally like to thank our medical and administrative leaders who took part in the discussions:

- Dr Susan MacDonald, Vice President & Chief Operating Officer Hospitals & Community, IH;
- Dr Harsh Hundal, Executive Medical Director, Physician Engagement & Resource Planning, IH;
- Susan Brown, Vice President & Chief Operating Officer Hospitals & Community, IH;
- Karen Bloemink, Executive Director – East, Hospitals and Communities Integrated Services (HCIS);
- Jane Cusden, Health Services Administrator, KB Acute, IH;
- Thalia Vesterback, Acute Health Services Director KLBH/BDH, Hospitals & Communities Integrated Services, IH;
- Mandy Lowery, Acute Health Services Director, KBRH.



This inaugural regional roundtable discussion was a productive step towards an improved regional working relationship. Through facilitated discussion, we were able to address the classic “us vs. them” barrier between Physicians and IH Administration and speak frankly about our challenges, frustrations, and desires for improving patient care and physician satisfaction.

One of the key outcomes from this process was recognizing that we must strengthen our local and regional physician structures so that these are even more effective vehicles to address physician concerns. This also includes clarifying the roles and expectations for local physician leadership positions, such as department head roles. There is also an appetite for this to be applied to administration positions, so we have a better idea of the local administrative hierarchy and responsibilities. We look forward to inviting Dr Hundal back in the fall to share in his expertise in optimizing physician meeting structure and roles.

In the end, after a productive roundtable discussion and relaxed evening of conversation at the CAFÉ/AGM, I’m left with the feeling that there is more that unites us than divides us. It is too easy to fall back into the classic roles of physician and administrator. We must remember that we are truly partners in our efforts towards making positive changes in Kootenay Boundary, and success will come easier by working together. And besides, it’s more fun, too.

— Mike Robinson, President

Project Spotlight

Mission Possible – What Does Wellness Look Like for YOU?



Our Physician Wellness vision is of a community of empowered physicians, supporting our collective mental, emotional, and physical wellbeing.

Your mission, should you choose to accept it, is to answer the following two questions to the best of your ability (no pressure, this is about wellness after all):

1. What activities would you MOST like to see happen this year to encourage happy, healthy physicians at KBRH?
 - ✓ Cooking Classes
 - ✓ Meditation Instruction
 - ✓ Yoga Classes
 - ✓ Book Club
 - ✓ Hiking Group
 - ✓ Family Events (e.g. bbq in the park)
 - ✓ Tournaments/Competitions (e.g. golf)
 - ✓ Wellness Groups/Workshops
 - ✓ Other? _____
2. Which song would you like to hear FIRST at our next Physician Wellness event?
 - ✓ Happy by Pharrell Williams
 - ✓ I Feel Good by James Brown
 - ✓ Il barbiere di Siviglia by Gioachino Rossini
 - ✓ Spoon Full of Sugar by Mary Poppins
 - ✓ I Want You Back by the Jackson 5
 - ✓ Other? _____

Take 2 minutes and let us know, <http://bit.ly/KBPA-wellness>

Contact

KBPA@facilityengagement.ca

Back of a Napkin Idea?

You have a great idea.



But how do you submit it?

Try the new, quick and easy 3 step 'back of a napkin' form at kbpa.ca

We can help! Contact us –

KBPA@facilityengagement.ca

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